



### National Nutrition Week

### Nutritious Lunch box Report

Title of Program	Nutritions Lunch box		
Objective of Program	To create awareness among people about the benefits of nutrition promote healthy and hygienic eating habits		
Day and Date	Friday, 1" September		
Time	Lunch broak		
No. of Participants	All students and Teaching Non teaching staff		
Convener	Dr. Trupti Tuse, Principal		
Coordinator/Program Committee	Mrs. Sudha Nerlekar, IQAC Co-coordinator		

### Photos



### **Detail Report:**

National Nutrition week start from 1st September 2023 ,on first day, All students, Faculty, non-teaching, and office staff were asked to bring healthy nutritious lunch box containing sprouts, leaf vegetables, salad, fruits and nuts. All members were enthusiastically participated for the same.

Coordinator

(S. A. Nerwhar)

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Principal

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NARHE, PUNE - 411,041.





### National Nutrition Week Nutritious Recipes Competition. Report

Title of Program	Nutritious Recipes Competition		
Objective of Program	To intensify awareness generation on the importance of nutrition for health which has an impact on development, productivity, economic growth and ultimately National development		
Day and Date	Saturday, 2 <sup>nd</sup> September		
Time	11:00am onward		
No. of Participants	10 teams (30 Students)		
Convener	Dr. Trupti Tuse, Principal		
Coordinator/Program	Mrs. Sudha Nerlekar, IQAC Co-ordinator,		
Committee	Mrs. Shritika Sasane, Cultural incharge		
	Ms. Shivani Atkare, Cultural incharge		





**Detail Report:** 

On occasion of National Nutrition week, 2<sup>nd</sup> September 2023, on second day, Competition on the preparation of nutritious recipes was organized, participants asked to Bring the recipe from home, Display recipe on provided space, Evaluation was conducted by evaluator Mrs. Kumudini Pawar and Dr. Trupti Tuse, Principal of the institute at 11:30 am. All participants, Prepared different healthy nutritious food items containing sprouts, leaf vegetables, salad, fruits and nuts. All members were enthusiastically participated for the same.

Winner- Franky Receipe by Miss. Chitrali Parit, Miss. Surbhi Rewanwar, Miss. Shweta Pasalkar Final year B.pharm

Runner up: Veggie salad by Vishwesh Unecha, Ankit Inamdar, First year B. Pharm

And Moravala by Miss. Tejashree Patil, Mansi Pawar and shruti Gaikwad

Co-ordinator

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NARHE, PUNE - 411 041.





### National Nutrition Week

### Mini-Exhibition on Nutrition displaying low cost nutritious diets for different age groups Competition.

### Report

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Title of Program	Willia-Dalibution on Matthews				
	diets for different age groups				
Objective of Program	To intensify awareness generation on the importance of nutrition for				
3	health which has an impact on development, productivity, economic				
	growth and ultimately National development				
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	Company of the second of the s				
Day and Date	Saturday, 2 <sup>nd</sup> September				
Time	11:30am onward				
No. of Participants	10				
Convener	Dr. Trupti Tuse, Principal				
Coordinator/Program	Mrs. Sonali Wagh				
	Mrs. Shivani Lone				
Committee	Co-curricular incharge				



On occasion of National Nutrition week, 2<sup>nd</sup> September 2023, on second day, Competition on the preparation of handmade poster / herbarium of the low cost nutritious diets for different age group was organized, Evaluation will conducted by evaluator at 12:30 noon. Evaluation was conducted by evaluator Mrs. Sonali Wagh. All participants were prepared different handmade poster / herbarium of healthy nutritious items. All members were enthusiastically participated for the same.

Result of competition:

Miss. Sakshi Gulankar Final year B.pharm Winner-

Runner up: Miss. Surbhi Rewanwar Final year B.pharm, Miss. Shweta Pasalkar, First year B. Pharm

Coordinator

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Principal

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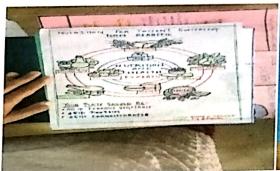




## National Nutrition Week Preparation of nutrition chart/Pamphlet Competition. Report

Title of Program	Preparation of nutrition chart/Pamphlet for patient suffering from Diabetic /viral infection Competition.		
Objective of Program	To intensify awareness generation on the importance of nutrition for health which has an impact on development, productivity, economic growth and ultimately National development		
Day and Date	Wednesday, 6th September		
Time	3:30pm onward		
No. of Participants	11		
Convener	Dr. Trupti Tuse, Principal		
Coordinator/Program	Mrs. Sonali Wagh		
Committee	Mrs. Shivani Lone		
	Extra -curricular incharge		

### **Photos**





### **Detail Report:**

On occasion of National Nutrition week, 2<sup>nd</sup> September 2023, on second day, Competition on the preparation of handmade poster / herbarium of the low cost nutritious diets for different age group was organized, Evaluation will conducted by evaluator at 12:30 noon. Evaluation was conducted by evaluator Mrs. Sonali Wagh. All participants were prepared different handmade poster / herbarium of healthy nutritious items. All members were enthusiastically participated for the same.

Result of competition:

Winner- Miss. Chaitrali Parit, Final year B.pharm

Runner up: Miss. Disha Jadhav Third year B.pharm and

Coordinator

IQAC

Principal PRINCIPAL

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### **National Nutrition Week**

### Mini-Exhibition on Nutrition displaying low cost nutritious diets for different age groups Competition.

### Report

Title of Program	Mini-Exhibition on Nutrition displaying low cost nutritious diets for different age groups	
Objective of Program	To intensify awareness generation on the importance of nutrition for health which has an impact on development, productivity, economic growth and ultimately National development	
Day and Date	Saturday, 2 <sup>nd</sup> September	
Time	11:30am onward	
No. of Participants	10	
Convener	Dr. Trupti Tuse, Principal	
Coordinator/Program	Mrs. Sonali Wagh	
Committee	Mrs. Shivani Lone	
	Co-curricular incharge	

### Photos



**Detail Report:** 

On occasion of National Nutrition week, 2<sup>nd</sup> September 2023, on second day, Competition on the preparation of handmade poster / herbarium of the low cost nutritious diets for different age group was organized, Evaluation will conducted by evaluator at 12:30 noon. Evaluation was conducted by evaluator Mrs. Kumudini Pawar and Dr. Trupti Tuse, Principal of the institute at 11:30 am. All participants were prepared different handmade poster / herbarium of healthy nutritious items. All members were enthusiastically participated for the same.

### Result of competition:

Winner- Miss. Sakshi Gulankar Final year B.pharm

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Runner up: Miss. Surbhi Rewanwar Final year B.pharm, Miss. Shweta Pasalkar, First year B. Pharm

Coordinator

S.A.Nerlelan

Principal

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# Results Competitions organized on occasion of National Nutrition Week 2023

Activity	Winner	Runner up
Competition on the preparation of nutritious recipes.	Frankie Recipe by Miss. Chitrali Parit, Miss. Surbhi Rewanwar, Miss. Shweta Pasalkar Final year B.pharm	1. Veggie salad by Mr. Vishwesh Unecha , Ankit Inamdar, 2. Moravala by Miss. Tejashree Patil, Miss. Mansi Pawar and Miss. Shrusti Gaikwad Third Year B.Pharm
Mini-Exhibition on Nutrition displaying low cost nutritious diets for different age groups	Miss. Sakshi Gulankar Final year B.pharm	<ol> <li>Miss. Surbhi Rewanwar Final year B.pharm,</li> <li>Miss. Shweta Pasalkar, First year B. Pharm</li> </ol>
Preparation of nutrition chart/Pamphlet for patient suffering from Diabetic /viral infection	Miss. Chaitrali Parit Final year B.pharm	Miss. Disha Jadhav Third year B.pharm

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Congratulations to All

Mrs. Sudha Nerlekar IQAC Co-ordinator CON MHHAA \* COSTECTOR

Dr. Trupti Tuse
Principal
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